

New Way Golf Academy  
Champions Clinic

Week 1

Location: Practice Green and Short Game Area

Focus: Putting

Intention: Learning how to putt properly is the foundation for the entire golf swing.

Through a fun putting course will learn the proper grip, stance and posture. The more experienced players will focus on distance control.

Week 2

Location: Practice Green and Short Game Area

Focus: Chipping

Intention: We will revisit what it means to have the proper grip, stance, and posture through a game called "Clang It". The students will try to hit metal buckets on the green that make a noise when a ball hits them. A point system and score card will be given. New and novice golfers struggle to hit down on the golf ball producing a good golf shot.

Instruction will be given to help the students get the ball in the air and rolling towards their target.

Week 3

Location: Driving Range

Focus: Short Irons

Intention: Hitting the ball farther requires a great foundation. Balance is the key to being able to rotate around a players spine and hit a great golf shot. Most young golfers have a hard time using their feet and lower body properly. Each player is different and we will adjust the rest of each players swing according to their tendencies.

Week 4

Location: Driving Range

Focus: Drivers

Intention: Learning how to "get off the tee" is important. Most amateurs try to hit their driver too hard and take too long of a backswing. This makes it very difficult to maintain the proper balance and hit a consistently good golf shot. We will teach the students how to swing at the target instead of getting "stuck" in their backswing.

Week 5

Location: On Course

Focus: Rules and Etiquette

Intention: No matter how many times a student goes through the program a reminder of the etiquette and rules of golf is important. Golf is a game of honesty, integrity, and sportsmanship and we cover everything from not cheating to how to rake a sand trap properly.

#### Week 6

Location: On Course

Focus: Experience

Intention: We will hit a few drives but will spend most of our time hitting shots from about 75 yards from the green. Many amateur golfers waste too many shots from close to the green and we want to fill our students with the knowledge they need to get it in the hole with as few shots as possible. We will putt several putts from the back of the green helping students keep their balance and proper spine angle.

#### Week 7

Location: On Course

Focus: Target Challenge

Intention: There's a lot of meaning to the old saying, "Keep it in the short grass." Learning to hit the fairway off the tee and hit the green when you have the opportunity makes all the difference in the end score. We will play games where points are assigned when fairways and target areas are hit.

#### Week 8

Location: Driving Range and Short Game Area

Focus: Review the Basics Challenges

Intention: Fun will be had and prizes will be given if small and difficult targets are hit. Our focus is to make sure our students have a proper grip and good posture when they participate in several different challenges. We will have a long putt contest where students will try to make the putt across the green and a small bucket where students will try to make shots in from different lengths.